### Learn new skills!

### Sessions:

**Dutch Oven Cooking –** Gain some experience cooking over the coals. The food you help to cook will be served for lunch.

**Star Watching –** Enter the portable planetarium for a trip around the solar system. Learn different constellations and even visit other planets!

**Make a Luminary –** Here's another way to light up the night. Make this piece and take it home with you.

**Long Bows –** Take aim with this different style of archery!

**Water Sports** – Try a variety of water equipment such as canoes, kayaks and paddleboards.

**Survival Experience –** Learn about several survival tactics such as shelter building, fire making, compass work and more.



### Schedule - Saturday, September 14

8:00 a.m. - Registration

8:30 – 9:30 – Dutch Oven Cooking – Lunch will be prepared in this session.

9:30 – 12:00 – Star Watching/Make a Luminary

12:00 - 1:00 - Lunch

1:00 – 4:00 – Long Bows/Water Sports/Survival

4:00 - 4:30 - Door prizes & Closing

### Registration:

The \$45 registration fee includes a National Wild Turkey Federation membership, subscription to Women in the Outdoors magazine, door prizes, activities and noon meal. Advance registration is appreciated. If you are already a WITO member, inquire about discount.

### Silent Auction:

Lovely items will be available for bid. Proceeds support the National Wild Turkey Federation.

### What to Bring:

Dress for an active outdoor day. Don't forget your sunscreen!

### Where to go:

Lake Pahoja is located 4 miles south and 2 miles west of Larchwood on County A26.

### For More information:

Contact us with questions!

Emily Ostrander – Lyon Co Conservation Board 712-472-2217

Iccbnaturalist@lyoncountyiowa.com

Charlene Elyea – O'Brien Co Cons Board 712-295-7200

occb@iowatelecom.net

Sunday Ford – Sioux Co Conservation Board 712-552-3057 sundayf@siouxcounty.org

# Women In The Outdoors Registration Form

Address

Phone & Email

Ghosts Chapter of the Wild Turkey Federation & Lyon, O'Brien, and Sioux County Conservation Boards. Event sponsored by. Gobblin'

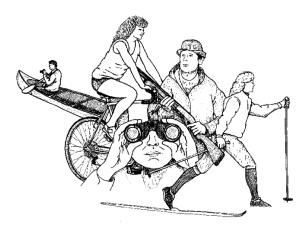
- WITO a check for \$45 made payable to the National Turkey Federation to Lyon Co Conservation Board, 311 1st Ave E., Rock Rapids IA Please enclose a check Mail registration to Lyon

## Meet new people!

This event is a great opportunity for women to try new outdoor skills in a supportive environment!

Participants age 14-17 are asked to attend with an adult.

Bring along your friend, sister or mom, and enjoy a fun-filled day in the outdoors!



Make plans to attend! Lyon Co Conservation Board 311 1st Ave E Rock Rapids IA 51246

## Enjoy a day away!

## Women in the Outdoors Workshop

Saturday, September 14, 2013

8:00 a.m. - 4:30 p.m.

Lake Pahoja Larchwood, IA



Explore new hobbies!